

Best Practice -1

1.Title of the practice:

Social value development activities

2.Objective of the practice:

The objective of the various activities undertaken for this are as follows

- i) To invest in social value.
- ii) To inculcate in student teachers, a sense of respect for society.
- iii) To inculcate the spirit of cooperation among the students.
- iv) To develop the personality of the student' community.

3.The context:

A teacher possesses social and moral values and also maintains social commitment. In view of this, our institution is planning and organizing various activities for the teachers. Hon. Annasaheb Dange College of education , Astha is considered as a small replica of the society. The exchange of social and moral culture takes place through education. In order to fulfill the goals, education plays a very important role in shaping the social fabric and a teacher is in different roles, such as guide, philosopher, friend etc. In view of the social culture, our institution has taken initiatives to help the old-age persons as a result of this one activity is conducted is visit to “Oldage Home”.

4.The practice:

One of the faculty members explained the purpose of establishing the old-age home to each student and they gave complete information about the condition of the elderly persons in the society. Many people neglect old age people and hence they are in pitiful conditions, every senior citizen is an experienced guide. Today every family in the society needs senior citizens to nurture young children in changing family situations to provide support in terms of crisis and to take right decisions in difficult situations. At present, society is running after money and wealth. As a result they are neglecting the old-age people many people sending their parents to old-age homes. Many relatives and wards will not meet the old age people in the old-age home, as a result, when the students meet the old age people they will be very happy. Our institution has visited old-age homes and helped them in various ways so that the oldest people are very happy in the old-age home.

5.Impact of the practice:

Impact of the practice is in today's scenario, the elderly, senior citizens need to be treated with respect and dignity by all. They are an integral part of the society as well as family. It is necessary to be aware of this in today's youth. Many people have no time to pay attention to their family as well as parents. Senior citizens of the family can play an important role and as an important element in the society we need to pay attention to them and take care of their health. As such students of our institution are visiting old-age homes, it creates a social awareness among the public about the well-being of the oldest people by the college as well as the students.

6.Resources required:

A good number of students and teachers are required for the visit to old age homes in the town. Also medicines, food materials , clothes, and other necessary things are required when college visits the old-age home.

7.Contact person for further details:

The Principal.

Hon. Shri. Annasaheb Dange College of Education(B.Ed),Ashta.

Tal-walwa. Distinct - Sangli.

Pin Code :- 416301(Maharashtra).

Contact No:- 9423280361.

E.mail.-adcedu435.cl@unishivaji.ac.in.

Best Practice -2

1.Title of the practice:

Organized health camp in Ashram schools

2.Objective of the practice:

I Physical examination of students

II To create health awareness among students

III Guidance of specialist doctors for better mental health of students

IV To make the students aware of the importance of physical hygiene

3.The context:

Ashram schools are the schools opened for educational advancement of tribals, nomadic tribes etc. These schools are residential and include the features of the ancient Gurukul system. The accommodation and food is provided for both boys and girls from the government expenses. Such students live away from their parents. Therefore, care should be taken to the health of these students and they should realize the importance of good health. Hon. Shri Annasaheb Dange College of Education , Astha has taken initiatives in organizing the health checkup camp for sixth and seventh primary secondary Ashram schools. For the above health check up camp the college got Mothya Puraskar.

4.The practice

Hon. Shri Annasaheb Dange College of Education , Astha has taken the initiatives for the health check up camp in ashram schools. For this purpose the 6th and 7th standard students of ashram schools are chosen for health check up camp. In this regard the authorities of our Education college met the Principal and staff of the ashram school and obtained permission to conduct a health check up camp. However the doctors of our sister institution Ayurvedic Medical College in the campus are ready to serve the students of the ashram school regarding health check up camp. One of the eminent doctors from our medical college gave an inaugural speech about physical and mental health to the students of ashram school. Also he addressed the students regarding keeping good health, one should always be laughing and playing various games. Further another lady doctor stressed about the importance of physical exercise and yoga. She also mentioned the importance of a balanced diet for physical and mental health. A team of doctors from our medical college addressed the students of the ashram school regarding physical fitness, healthy food as well as preventing illness and injuries at the time of playing games. The team also convinced the students about physical hygiene and taking bath every day using soap. The team also distributed medicines after checking the health of all the students of 6th and 7th standards of the ashram's school.

5.Impact of the practice

Following is the impact of medical health check up camp conducted by a medical team in an ashram school.

i student received the medical treatment at the time of health checkup camp

ii health awareness of the students was created.

- iii the students of the Ashram school are guided on how to maintain mental health.
- iv students realized the importance of physical hygiene
- v students got information about how to do physical exercise
- vi students understood the importance of yoga for mental health.
- vii students are realized about the physical and mental health which is important for living a good and healthy life.

6.Resources required:

Various resources are required for the health checkup camp organized in the Ashram schools namely Ashram schools permission, Ashram, school, students, sufficient space for medical checkup camp, special doctors, sufficient medicines and personal tools required.

7.Contact person for further details:

The Principal.

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Contact No:- 9423280361.

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